BEYOND biology

Breastfeeding, Bonding and LGBTQ+ Inclusion

Our first was conceived with my egg, making me a biological and gestational parent. Our second one was conceived with my partner's egg, making me the gestational parent.

And we're both mums, equally without question in our home. Over time, I've been treated as the 'real mum' but the truth is my partner is just as much their parent as I am.

LA LECHE LEAGUE COLLECTIVE

OFFERS INCLUSIVE, ALL FAMILY SUPPORT

for breastfeeding, chestfeeding, human milk feeding

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more info here:

But when we felt SEEN, that kind of INCLUSIVE, ALL FAMILY support, it helped keep me breastfeeding for longer. Because breastfeeding was something that STRENGTHENED OUR BOND

Bonding is more than just feeding. It's built through PRESENCE, through CARE, through RHYTHM, and CLOSENESS and TIME.

In a queer relationship, you're constantly coming out.

RECEPTION

Sometimes multiple times a day. Every appointment. You have to explain what your family looks like and who we are.

And for breastfeeding to thrive, the family around it needs support, too. In our case, when the non-breastfeeding parent felt invisible or excluded, it sometimes introduced guilt.

Or made us question if we were doing it right.