F

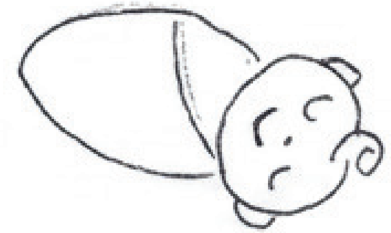
Breast
Chest
Body

EEDING

Let's

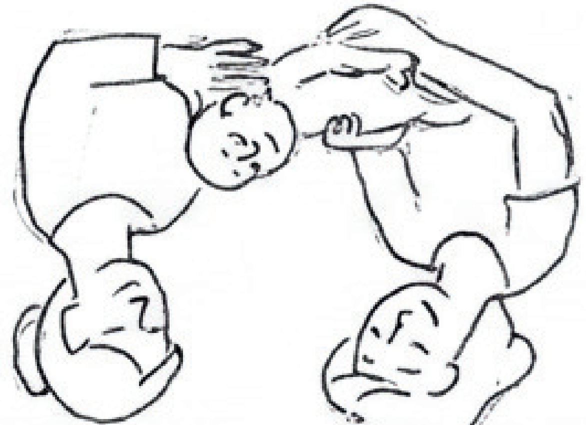
Explore

different ways to feed a baby human-milk.



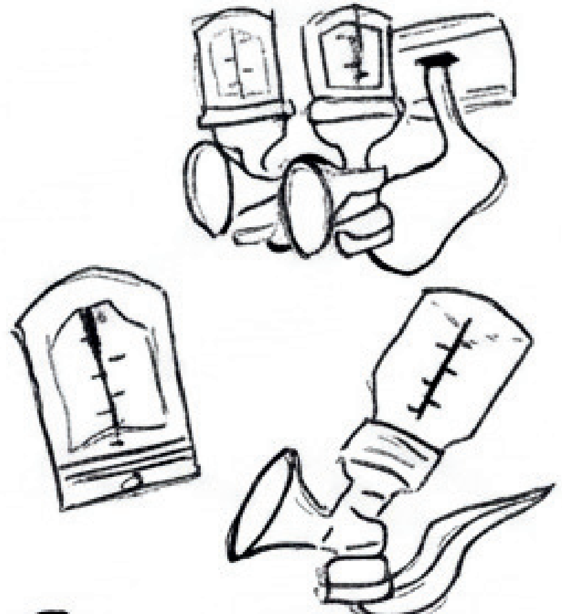
Co-nursing

When more than one lactating parent shares the nursing.



Expressing

your milk

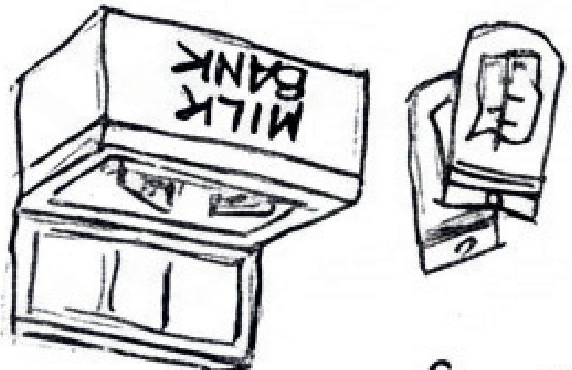


You can

DONATE

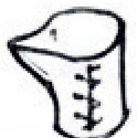
your milk

Or use Donated milk



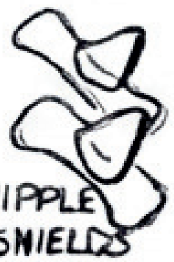
Lots of

tools available to assist feeding babies.



FEEDING CUP

BOTTLE



NIPPLE SHIELDS

SYRINGE

At-Chest Supplementing

With breastfeeding or on its own, feeding baby at breast/chest with a tube.

LA LECHE LEAGUE COLLECTIVE

We want to help you find a way that works for YOU!